

Beauty buzz

The latest trends to try and super products to buy

3 steps to

Prep for party season

Want to look fabulous when Christmas party and summer barbie season kicks in? The groundwork starts now...

STEP 1 GET SERIOUS ABOUT SKINCARE

For a glowing complexion and to get through all those events without getting dark circles, you need to look after your skin. Try a weekly moisturising mask such as **Onne Moisturising Mask \$49** to keep your face plump and hydrated. And look for an all-rounder product that exfoliates, hydrates and boosts collagen. We like **1. The Beauty Chef Probiotic Skin Refiner \$69.95**

STEP 2 PERFECT YOUR SMILE

Soon you'll be nonstop socialising and posing for the camera, so it's time to add some sparkle to your smile. Keep **2. White Glo Extreme Teeth Whitening Pen \$19.99** handy for touch-ups, or use **3. Oral B 3D White Luxe Glamorous White Rinse \$8.49** to whisk away surface stains and prevent further discolouration.

STEP 3 HELP YOUR HAIR

Looking after your locks now will have a big payoff when it comes to pre-party heat styling. Use a weekly hair mask like **4. A'kin Ginkgo & Jojoba Intensive Moisture Hair Masque \$19.95**, and try an oil while you're doing housework or working out to nourish and promote serious shine.



Words: Kelsey Ferenak. Pictures: Kristina Soligo/Reidry. Makeup: bousesyndication.com.au

Upgrade your pedi

Try these fun summer shades that suit all skin tones



BTW

About to DIY fake tan? Leave your hands and feet until last and gently rub the remaining colour on your mitt over them for a more natural-looking coverage.

Ulta 3 Oh So Soft Blending Mitt \$9.95



ASK THE BEAUTY EXPERT



Dr Jack Zoumaras
Founder of Artiste Plastic Surgery
artisteplasticsurgery.com.au

Q I'm keen to try a non-invasive anti-ageing treatment on my face. What are the most popular procedures for women my age? **Karen, 54, Sydney**
A "Botox is still the most popular choice for women over 40. As a general rule, you can draw a line at the end of your nose – anything above is for Botox and below is for fillers. Botox is great for diminishing wrinkles and lines around the eye, crow's-feet, forehead lines, and any wrinkles in between the eyebrows."